

Advancing neuroscience care for Atlantic Canadians \$2.6-million for advanced technology, collaboration and space

It's no surprise that the best neurological and spinal care is provided when the patient has access to the specialized care they need – in one location.

The QEII Health Sciences Centre is now a proud home to Atlantic Canada's first, and only, Academic Neuroscience Program. This world-leading program brings together the QEII's neurology, neurosurgery and spine units in a common, shared space, to prevent, treat and cure disorders such as epilepsy, MS, ALS, Parkinson's disease, stroke, Alzheimer's, and spine and brain injuries.

This program includes additional beds and capacity for epilepsy treatment and neurosurgery care, as well as state-of-the-art equipment like robotic technology to assist with brain surgery and monitor spinal cord function during procedures.

For patients afflicted by diseases affecting the brain, spinal cord or spine, this means receiving the best and most comprehensive care in the region.

Thanks to a community of donors, the QEII Foundation raised \$2.6-million to establish the Academic Neuroscience Program.

As the specialized care centre for neurosurgery and neurological care, the QEII treats some of the most complex, neurological patient cases in the region. It houses over 50 per cent of the neurologists and neurosurgeons in Atlantic Canada, and its Adult Spine Service, which combines Orthopaedic and Neurosurgical expertise, is also the only one of its kind in the region.

"Having patients in one place, under the care of the best-equipped specialists, will not only streamline the process, but build a stronger neuroscience team and advance the quality of care even further," says Dr. David Clarke, Head of Neurosurgery at the QEII Health Sciences Centre. "This program will have a profound impact on Atlantic Canadians living with neurological disorders – now and in the future."



For patients like Jeremy

After more than twenty years of night-time seizures, on and off medications and many tests, Jeremy Crowell awoke from a full-night's sleep in December 2015 for the first time in years.

Jeremy (pictured above with his surgeon, Dr. Clarke) had life-changing brain surgery in November. He has never had more energy or been more grateful for the care and his team at the QEII.

Because of donors like you, patients like Jeremy will be able to be seen faster, as we have doubled the size of the Epilepsy Monitoring Unit with this campaign!

Growing beards for head and neck cancer Manuary™ Halifax funds life-changing research and patient care

ENT surgeons, oncologists and business leaders were among participants growing their facial hair in the name of head and neck cancer research and patient care at the QEII Health Sciences Centre.

Individuals across the region put a face to head and neck cancer as they recruited friends, family and colleagues to sponsor their beards in support of those touched by this devastating disease.

Head and neck cancer is the sixth most common cancer worldwide and affects some of the most personal aspects of life, including facial appearance and the ability to speak and eat.

The QEII Health Sciences Centre and its Head and Neck Cancer Site Team is leading the country in laser surgery for oral cancer – as the only centre in Canada using this procedure extensively as a first step in cancer treatment. Laser surgery can reduce the radiation dosage a patient requires and, in some cases, eliminate the need for chemotherapy treatment altogether.

Thanks to the incredible generosity of QEII Foundation donors and campaign leaders, more than \$38,000 was raised to enhance care for head and neck cancer patients being treated at the QEII Health Sciences Centre.

In fact, local fundraising efforts and community support have earned Halifax a top fundraising title across Canada – raising a total of \$118,000 over three years.



For patients like Louis

The success of the Manuary™ Halifax movement is welcome news to Louis Burke, who was diagnosed with neck cancer nearly two years ago.

Following life-saving treatment at the QEII, Louis and his wife, Helena, are back to embracing life's moments, including fishing and spending time with their grandchildren.

Thanks to donors' support of Manuary™ Halifax and other fundraising initiatives, today, head and neck cancer patients like Louis have access to leading care, reduced wait times and improved treatment options.

Former QEII patient and his wife invest in a brighter future in health care



Sometimes one person impacts the life of another without ever knowing them.

This happens every day at the QEII Health Sciences Centre. A mother living with epilepsy goes home to her child, cured of her seizures. Another wakes up after receiving a heart transplant. Lives are saved because of advances in research, education, technology and equipment supported by generous community donors, like Barry and Vivien Marvel.

Barry and Vivien immigrated to Canada in the 1970s from the United Kingdom. After spending two years in Montreal, they called Halifax home, settling into their careers. Both retired now, they get their enjoyment through travel, which they're able to do in good health.

The couple became QEII Foundation donors after Barry received ACL knee surgery at the QEII several years ago.

"Every level of care I received was incredible – from the consultation, to the operation and the aftercare. QEII staff are very thorough," he says.

Barry was also treated for prostate cancer at the QEII. He had a prostatectomy and radiation therapy to follow.

Through Barry's positive experience as a patient at the QEII, he and Vivien discovered a shared interest in health care and they decided to leave gifts in their wills to the QEII Foundation, as an investment in the health of their community.

"Without good health life would not be how you would want to live. Good health lets me control my life," he says.

When a person leaves a gift in their will, they've made a decision that will change lives. Every day, the generosity of community donors is felt by those who receive care at the QEII and their loved ones.

There are many ways to give. A gift in the will (also known as a charitable bequest), is just one.

Gifts to the QEII Foundation can be directed to any specific area in the QEII Health Sciences Centre. No matter what area of health care stirs your heart or resonates with your personal story, you can impact the future of health in your region. For more information on leaving a gift in your will, please contact us at 1 888 428 0220.

Many supporters of the QEII Foundation have made a gift in their will or estate plan.

Would you consider such a gift?

If so, the following legal language should be discussed with your lawyer:

1. A **specific bequest** directs a specific property or dollar amount to the charity: *"I hereby give to (the QEII Health Sciences Centre Foundation), 500 shares of ABC stock..."*.
2. A **residual bequest** designates all or a portion of whatever remains after all taxes, debts and expenses have been paid: *"I hereby give, devise and bequeath to the QEII Health Sciences Centre Foundation, a percentage of the remainder of my estate (for its general purpose)"*.

For more language options, information on preparing your will, or to receive a copy of the **Estate Planner**, please contact Katharine Berrington, Charles O'Neil or Lori Scott (1 888 428 0220) or visit QE2Foundation.ca/will.

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Health begins with caring. Here is my gift \$ _____

I would like my gift to remain anonymous

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CHEQUE VISA MC AMEX #: _____ EXPIRES _____

SIGNATURE _____

I would like to learn more about:

- including the QEII Foundation in my will
- gifts of securities
- planning my estate
- using my RRIF to arrange a donation
- I have already remembered the QEII Foundation in my will