

## Donors help ensure cancer patients receive therapy sooner

QEII receives complete funding for a new cancer therapy preparation lab



Donors like you are advancing care for Atlantic Canadians facing a cancer diagnosis.

QEII Foundation donors came together to address an immediate need in cancer care at the QEII.

As equipment, facilities and technology age, and the demand for cancer care rises, access to a new cancer therapy preparation lab is vital. Community support is helping to address this need for patient care.

With support from the Nova Scotia government, construction for the new lab is underway at the QEII's Dickson building. Our generous donors funded the cutting-edge technology that will help patients well into the future.

The new, state-of-the-art space will increase capacity for the preparation of cancer therapy drugs, such as chemotherapy. This means patients will receive the care they need sooner.

The lab will also enable more clinical trials to take place at the QEII, connecting patients and their families to the latest cancer research.

Access to a clinical trial can save a life. Clinical trials provide opportunities to participate in groundbreaking research and to access innovative treatments that have yet to be integrated into standard care.

## Community support to improve primary care for older patients

Donors like you are fueling family doctors to provide better care

Adults with complex health issues are taking more drugs, and with that comes more side effects. This becomes dangerous for older adults as risks of dizziness, falls and confusion increase as people age.

Dr. Mathew Grandy is leading a team of physicians, nurses, pharmacists, healthcare professionals and patients as they explore electronic medical records across family practices to uncover issues in care. This research is part of a broader network spanning five provinces.

Implementing the SPIDER method (Structured Process Informed by Data, Evidence and Research), the team has a goal to reduce and improve the medications patients are taking to support better health.

Through this vital work, Dr. Grandy and his team will help Atlantic Canadians meet their goals for quality of life.



**Dr. Mathew Grandy, MD, CCFP**

Photo: Dalhousie Family Medicine

Dr. Grandy is an assistant professor, researcher and family physician. He grew up in Fall River, Nova Scotia and graduated from Medicine at Dalhousie University in 2009. After completing his Family Medicine training in 2012, he began practicing in the Halifax area. His medical interests include technology in medicine, practice based-research networks, and care of the elderly.

## Looking back... to see ahead

BY: CHARLES O'NEIL, EPC



George Burns at 93 was asked by reporters how long he thought he would live. George quipped, "I can't die; I'm booked."

There is a grain of truth in that comment. We think that if we just keep busy we can avoid the inevitable. But doing so denies us the opportunity to be intentional about our plans for the future, and denies our loved ones the security of knowing that all has been taken care of.

For us older Canadians, the issue is not the absence of a will but an outdated will. The will has remained static while life has gone on with its many adventures, challenges, disappointments and celebrations. The will, although present, no longer speaks to the realities of our current needs. It also does not anticipate the many changes to tax laws and new strategies to make our estates tax efficient. It may not address recent family issues. And it may not give voice to our values, molded over a lifetime.

A will once probated becomes a public document, so it can be thought of as our last public statement of our values; of what has been most significant to us during our lifetime. Proper planning with an appropriate professional is vital to ensure our wishes will be legally binding and as effective as possible. Such planning may uncover opportunities to support both our heirs and charity. Charitable gifts in wills do not have to be "headline grabbing." Any amount will make a difference, even one per cent.

I have seen firsthand over the last 11 years the striking impact the QEII Health Sciences Centre has on the lives of Atlantic Canadians. It was natural for me to include a gift in my will supporting this vital work that ultimately will benefit my children and their families. Anyone in the Atlantic region can be a patient of the QEII at any time. The QEII truly is everyone's hospital.

The planning of your will can be an uplifting and positive experience; one in which you take control and make your own decisions. Use this opportunity to look back over your lifetime of experience and determine which values you want to pass on to your loved ones. Including a charitable gift in your will can provide an important lesson of generosity and love for the next generation.

As George Burns so wisely said, "By the time you're eighty years old, you've learned everything. You only have to remember it."

*Charles O'Neil is a Charitable Giving Advisor at the QEII Foundation and serves as Director of Gift Planning.*

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**Health begins with caring. Here is my gift \$ \_\_\_\_\_**

I would like my gift to remain anonymous

NAME _____			
ADDRESS _____	CITY _____	PROV _____	PC _____
PHONE _____		EMAIL _____	
<input type="checkbox"/> CHEQUE <input type="checkbox"/> VISA <input type="checkbox"/> MC <input type="checkbox"/> AMEX :		EXPIRES _____	
SIGNATURE _____			

**I would like to learn more about:**

- including the QEII Foundation in my Will
- gifts of securities
- planning my estate
- using my RRIF to arrange a donation
- I have already remembered the QEII Foundation in my Will